

# ADAM SWEATERS

THE POST PUNK MYSTIC

EXPLORING THE  
CONNECTIVITY  
BETWEEN  
MUSIC  
SPIRITUALITY  
& ROMANCE



POST PUNK MYSTIC?

# Ghost Pop?

*The gloom pop anthems of Adam Sweaters may linger lightly upon your lobes, however, these vulnerable verses are the culmination of decades spent carrying the weight of worlds...*



In between creating personalized energy therapy songs for clients of his holistic practice Ghost Therapy, Adam Sweaters writes and releases glorious gloom pop gems. At first blush, it might seem the apparent polar opposites would be empirically opposed to each other. Yet, they pair every bit as coherently as the yin and yang. Believing there to be nothing new under the sun, Sweaters says he is simply nodding to the "masters": Bowie, Morrissey, and Robert Smith.

Ever fascinated by the connectivity between music, spirituality, romance and the healing properties therein, a live setting sees Sweaters exploring these esoteric interests. "The underlying intent is creating a safe/sacred space for listeners to be surrounded by comfort and encompassed by the healing energies of sound if they'd like. Of course, all are welcome to simply sing along to a few doomer tinged, indie pop anthems if the spiritual side of things seems all too 'woo-woo'." Either way, the offering is a cohesion of ancient healing modalities intertwined with post-punk vibes.

The sadness becomes a therapeutic, often healing experience, leaving the listeners feeling validated and heard.

## AVAILABLE FROM ADAM SWEATERS

- "Initials H.F.K. (Parallels)" single
- "Nashville, I Nearly Killed Me" single

## OFFERED BY GHOST THERAPY

- Reiki Energy Therapy
- Personalized Therapy Songs

## CONNECT

IG

@ghost\_therapy  
@postpunkmystic

WEB

<https://www.ghosttherapy.com>

SPOTIFY

<https://open.spotify.com/artist/6p5C15HV3p7rfQ4Q00xtge?si=VEnkbCx3TdGwCylB2qX9Qw>

YT

[https://www.youtube.com/channel/UC6vtf\\_fBdKYVAnfcmtd7U4Q](https://www.youtube.com/channel/UC6vtf_fBdKYVAnfcmtd7U4Q)

BANDCAMP

<https://adamsweaters.bandcamp.com>